

Menu: July 1 – 5, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EARLY SNACK	CLOSED CANADA DAY	Fruit Yogurt & Grapes Water/Milk	Kellogg's Rice Krispies & Apple Slices Water/Milk	Multi Grain Cheerios & Kiwi Slices Water/Milk	Kellogg's Corn Flakes & Grapes Water/Milk
AM SNACK	CLOSED CANADA DAY	Pancakes & Orange wedges Water/Milk	Oatmeal Porridge Banana Wheels Water/Milk	Pancakes & Honeydew Chunks Water/Milk	Banana Bread & Apples Water/Milk
LUNCH	CLOSED CANADA DAY	Couscous Casserole & Apple Slices Water/Milk	`CELEBRATION OF Canadian CUISINE` Poutine (Quebec) & Watermelon Chunks Water/Milk	Macaroni Soup & Apple Slices Water/Milk	Cheese Sandwiches Carrot/Cucumber Sticks Water/Milk
PM SNACK	CLOSED CANADA DAY	Multi Grain Biscotti & Banana Wheels Water/Milk	Fruit Yogurt & Grapes Water/Milk	Multi Grain Bread w/Jam & Cheese Sticks Water/Milk	Whole Wheat Crackers Banana Wheels Water/Milk
LATE SNACK	CLOSED CANADA DAY	Nachos & Kiwi Wheels Water/Milk	Digestive Cookies & Oranges Water/Milk	Crackers & Assorted Fruit Water/Milk	Vegetable Crackers Assorted Fruit Water/Milk

Please note: Veg options are available as well.

